



## **Resources for Families with Children with IEPs or 504 Plans**

The following two resources are intended to assist parents with supporting and advocating for their children who have disabilities to obtain the most appropriate education for them. In addition Rosemarie Tobin, the Diocese of Albany's Consultant for People with Disabilities, is available for consultation. Rosemarie is located at the Catholic School Office, [rosemarie.tobin@rcda.org](mailto:rosemarie.tobin@rcda.org), 453-6602.

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### **Parent Network of the Capital Region (PNCR)**

Mission: The PNCR's mission is to provide parents with the knowledge, skills, and resources to facilitate productive relationships with their school districts ensuring an appropriate education for their child.

PNCR provides a variety of services geared toward providing parents with the knowledge and skills necessary to meaningfully participate in the special education process on behalf of their children. We serve parents and professionals in the following thirteen counties: Albany, Columbia, Essex, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren and Washington. All services are offered at no cost and, depending on the service, can be delivered in person at your site or our center, or over the phone.

Contact: Parent Network of the Capital Region

518 640-3320, [Info@pncrny.org](mailto:Info@pncrny.org) <http://www.pncrny.org/>

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### **Parent to Parent of New York State: The Capital Region Office**

Mission: Parent to Parent of New York State builds a supportive network of families to reduce isolation and empower those who care for people with developmental disabilities or special healthcare needs to navigate and influence service systems and make informed decisions.

Parent to Parent of NYS, is a statewide not for profit organization established to support and connect families of individuals with special needs. The local offices, Albany, Columbia, Dutchess, Fulton, Green, Montgomery, Putnam, Rensselaer, Saratoga, Schenectady, Schoharie, Ulster, Warren, and Washington are staffed by Regional Coordinators, who are parents or close relatives of individuals with special needs.

Contact Person: Tina Beauparlant, 1-800-305-8817, 518-381-4350

[tbeauparlant@ptopnys.org](mailto:tbeauparlant@ptopnys.org) <http://parenttoparentnys.org/>

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