

Prevention Resources for Families

Students can practice their decision making and other social emotional skills with these journaling, social studies, language arts, and other cross-curricular activities themed on the prevention concepts in the *Too Good for Violence* programs through the Mendez Foundation which partners with the Diocese of Albany to provide these programs to your schools. There are activities that can be done individually or as a family. There's something for each grade level, kindergarten through high school. You can access them for free at the link below. Please forward them to teachers, students and parents within your schools.

Here is the link to our webpage that has the downloadable activities, you must copy and paste in a new tab: <https://toogoodprograms.org/pages/out-of-school-activities-1>

As always if you have questions regarding the prevention program or accessing this website please contact Jacquelyn Chiera, Director of Prevention Services at Jacquelyn.chiera@rcda.org.

Stay safe and healthy,

Jacquelyn